

CLOTHING MEASUREMENTS - 2016 ABMC NATIONAL SPECIALTY

It's nearly impossible to find measurements for clothing online, but pretty difficult to shop without an idea of how the sizes run. For your convenience, we're providing you with an average range of measurements so you can measure a similar item you like the fit of, and compare--after you compare sizing on some of the items listed, you'll see why you don't want to just guess! The range was determined by taking measurements from a variety of brands that we carry--in most cases, the size falls about in the middle of the range.

SHORT-SLEEVED T-SHIRT (women's sizes)

Measured flat, width is from underarm to underarm, length is from back of neck to bottom hem. Width is similar to men's sizes, arms and body are shorter. Neck has a narrower band than men's, and is very slightly scooped.

SMALL: 17 to 18 inches wide, 24.5 to 26 inches long

MEDIUM: 18.5 to 20.5 inches wide, 26 to 27 inches long

LARGE: 20.5 to 22 inches wide, 27 to 28 inches long

EXTRA LARGE (XL): 22.5 to 24.5 inches wide, 28 to 29 inches long

2x (XXL): 25 to 26.5 inches wide, 30 to 31 inches long

SHORT-SLEEVED T-SHIRT (men's sizes)

Measured flat, width is from underarm to underarm, length is from back of neck to bottom hem. Sized fairly generously. (Tiedyed tees tend to run slightly shorter in length.)

SMALL: 17 to 18 inches wide, 26 to 29 inches long

MEDIUM: 18.5 to 20.5 inches wide, 27 to 30 inches long

LARGE: 20.5 to 22 inches wide, 28.5 to 31 inches long

EXTRA LARGE (XL): 22.5 to 24.5 inches wide, 30.25 to 32 inches long

2x (XXL): 24.5 to 26.25 inches wide, 31.5 to 33.5 inches long

3x (XXXL): 27 to 28 inches wide, 34 to 35 inches long

LONG-SLEEVED T-SHIRT (misses' sizes)

Measured flat, width is from underarm to underarm, length is from back of neck to bottom hem. This shirt runs slightly smaller than the men's long-sleeved shirts, arms and body are shorter. Neck is slightly scooped, and arms are somewhat fitted, and not cuffed. Will shrink slightly if washed or dried at higher temperatures.

SMALL: 15.5 to 17 inches wide, 23.5 to 24.5 inches long

MEDIUM: 17.5 to 18.75 inches wide, 24 to 25 inches long

LARGE: 19 to 20.5 inches wide, 25.5 to 26.5 inches long

EXTRA LARGE (XL): 21.5 to 23 inches wide, 27 to 28 inches long

2x (XXL): 23.5 to 25 inches wide, 27 to 28 inches long

LONG-SLEEVED T-SHIRT (men's sizes)

Measured flat, width is from underarm to underarm, length is from back of neck to bottom hem. Sized fairly generously.

SMALL: 17.5 to 19 inches wide, 26.5 to 28 inches long

MEDIUM: 19 to 20.5 inches wide, 27 to 28.5 inches long

LARGE: 20.5 to 22 inches wide, 29 to 31 inches long
EXTRA LARGE (XL): 23 to 24.5 inches wide, 29.5 to 32 inches long
2x (XXL): 24.5 to 26 inches wide, 31.5 to 33 inches long

REGULAR CREWNECK SWEATSHIRT (men's sizes)

Measured flat, width is from underarm to underarm, length is from mid-shoulder to bottom hem. Sized fairly generously.

SMALL: 19 to 21 inches wide, 25 to 26.5 inches long
MEDIUM: 21 to 22.5 inches wide, 26.5 to 28 inches long
LARGE: 23 to 24.5 inches wide, 27.5 to 29 inches long
EXTRA LARGE (XL): 25 to 26.5 inches wide, 28.5 to 30 inches long
2x (XXL): 27 to 29 inches wide, 29.5 to 31 inches long

REGULAR HOODED SWEATSHIRT (men's sizes)

Measured flat, width is from underarm to underarm, length is from mid-shoulder to bottom hem. Drawstring neck and front muff pocket. Sized fairly generously.

SMALL: 18.5 to 21 inches wide, 22.5 to 24 inches long
MEDIUM: 21.5 to 23.5 inches wide, 23.5 to 26 inches long
LARGE: 23 to 25.5 inches wide, 24 to 26 inches long
EXTRA LARGE (XL): 25 to 27 inches wide, 24.5 to 27 inches long
2x (XXL): 26 to 28.5 inches wide, 26 to 28.5 inches long

COTTON PIQUE POLO (men's sizes)

100% garment-washed ringspun combed pique cotton. Manufacturer's approximate measurements. Horntone buttons, side vents. Traditional sizing. Manufacturer's approximate measurements (length is from high point of shoulder from the back).

XS: 19 inches wide, 26 inches long
SMALL: 20.5 inches wide, 27 inches long
MEDIUM: 21.5 inches wide, 30.5 inches long
LARGE: 23.5 inches wide, 31.5 inches long
EXTRA LARGE (XL): 25.5 inches wide, 32.5 inches long
2x (XXL): 27 inches wide, 33.5 inches long
3x (XXXL): 28.5 inches wide, 34 inches long
4x (XXXXL): 30 inches wide, 34.5 inches long
5x (XXXXXL): 31.5 inches wide, 35 inches long

COTTON PIQUE POLO (women's sizes)

100% garment-washed ringspun combed pique cotton. Manufacturer's approximate measurements. Horntone buttons, side vents. Traditional sizing. Manufacturer's approximate measurements (length is from high point of shoulder from the back).

XS: 19 inches wide, 26 inches long
SMALL: 20 inches wide, 26.5 inches long
MEDIUM: 21 inches wide, 27 inches long
LARGE: 22 inches wide, 27.5 inches long
EXTRA LARGE (XL): 23 inches wide, 28 inches long
2x (XXL): 24.5 inches wide, 28.5 inches long
3x (XXXL): 27 inches wide, 28.5 inches long

GILDAN HOODED FULL-ZIP SWEATSHIRT (men's sizes)

50-50. Measured flat, width is from underarm to underarm, length is from back of neck to bottom hem. Front muff pockets. Sized fairly generously, but not huge.

SMALL: 18.75 to 20.25 inches wide, 25 to 27 inches long

MEDIUM: 20.75 to 22.25 inches wide, 26 to 28 inches long

LARGE: 22.75 to 24.25 inches wide, 27 to 29 inches long

EXTRA LARGE (XL): 24.75 to 26.5 inches wide, 28 to 30 inches long

2x (XXL): 27 to 28.5 inches wide, 28.5 to 31 inches long

3x (XXXL): 28.75 to 31 inches wide, 30 to 32 inches long

4x (XXXXL): 31.25 to 33 inches wide, 31 to 33 inches long

5x (XXXXXL): 33.25 to 35 inches wide, 32 to 34 inches long

HALF-ZIP YOGA SHIRT WITH THUMBHOLES (women's sizes)

90/10 poly spandex, gently contoured silhouette, cadet collar, hidden front pouch pocket, thumbholes. Manufacturer's approximate measurements (length is from high point of shoulder from the back).

XS: 18.5 inches wide, 24.5 inches long

SMALL: 19.5 inches wide, 25 inches long

MEDIUM: 20.5 inches wide, 26.5 inches long

LARGE: 22 inches wide, 27.25 inches long

EXTRA LARGE (XL): 23.5 inches wide, 28 inches long

2x (XXL): 25 inches wide, 28.75 inches long

3x (XXXL): 27 inches wide, 29.25 inches long

4x (XXXXL): 29 inches wide, 29.75 inches long

FULL-ZIP MICROFLEECE YOGA HOODIE WITH THUMBHOLES (women's sizes)

100% polyester microfleece, gently contoured silhouette, non-zippered front pockets, thumbholes, open cuffs and hems. Manufacturer's approximate measurements (length is from high point of shoulder from the back).

XS: 18.5 inches wide, 25.5 inches long

SMALL: 19.5 inches wide, 26 inches long

MEDIUM: 20.5 inches wide, 26.5 inches long

LARGE: 22 inches wide, 27.5 inches long

EXTRA LARGE (XL): 23.5 inches wide, 28.5 inches long

2x (XXL): 25 inches wide, 29.5 inches long

3x (XXXL): 27 inches wide, 30 inches long

4x (XXXXL): 29 inches wide, 30.5 inches long

FULL-ZIP CADET COLLAR FLEECE TRACK JACKET (women's sizes)

Peached 60-40 athletic fleece, rib trim and stitching detail on collar. Slightly frayed edges, front pouch pockets. Pewter zipper with fleece zipper pull. Manufacturer's approximate measurements. Traditional silhouette, runs slightly large.

SMALL: 18 inches wide, 23 inches long

MEDIUM: 19.5 inches wide, 24 inches long

LARGE: 21 inches wide, 25 inches long

EXTRA LARGE (XL): 22.5 inches wide, 25.5 inches long

2x (XXL): 24 inches wide, 26 inches long
3x (XXXL): 27 inches wide, 26.5 inches long
4x (XXXXL): 29 inches wide, 27 inches long

GLITTER CONTRAST ZIP HOODIE (women's sizes)

55% cotton/25% metallic/20% polyester, glitter knit throughout, muff pocket. Contrast colored sleeves and hood lining. Traditional silhouette, runs slightly large.

SMALL: 19.5 inches wide, 25 inches long
MEDIUM: 20.5 inches wide, 26 inches long
LARGE: 21.5 inches wide, 27 inches long
EXTRA LARGE (XL): 22.5 inches wide, 28 inches long
2x (XXL): 23.5 inches wide, 29 inches long

TIEDYED COTTON FULL-ZIP HOODIE (women's sizes)

80% cotton. Manufacturer's approximate measurements. Traditional silhouette, runs slightly large, arms run on the long side.

SMALL: 18 inches wide, 23 inches long
MEDIUM: 19.5 inches wide, 24 inches long
LARGE: 21 inches wide, 25 inches long
EXTRA LARGE (XL): 22.5 inches wide, 25.5 inches long
2x (XXL): 24 inches wide, 26 inches long
3x (XXXL): 27 inches wide, 26.5 inches long
4x (XXXXL): 29 inches wide, 27 inches long

MIDWEIGHT FLEECE VEST (men's sizes)

100% poly, front zip pockets and interior pockets. Traditional silhouette. Manufacturer's approximate measurements (length is from high point of shoulder from the back).

XS: 19.5 inches wide, 27 inches long
SMALL: 20.75 inches wide, 27.5 inches long
MEDIUM: 22.25 inches wide, 28 inches long
LARGE: 23.75 inches wide, 28.5 inches long
EXTRA LARGE (XL): 25.25 inches wide, 29.5 inches long
2x (XXL): 26.75 inches wide, 30.5 inches long
3x (XXXL): 28.75 inches wide, 31 inches long
4x (XXXXL): 30.75 inches wide, 31.5 inches long

MIDWEIGHT FLEECE VEST (women's sizes)

100% poly, front zip pockets and interior pockets. Traditional silhouette. Manufacturer's approximate measurements (length is from high point of shoulder from the back).

XS: 18.5 inches wide, 24.5 inches long
SMALL: 19.5 inches wide, 25 inches long
MEDIUM: 20.5 inches wide, 25.5 inches long
LARGE: 22 inches wide, 26.5 inches long
EXTRA LARGE (XL): 23.5 inches wide, 27.5 inches long
2x (XXL): 25 inches wide, 28.5 inches long
3x (XXXL): 27 inches wide, 29 inches long
4x (XXXXL): 29 inches wide, 29.5 inches long

FULL-ZIP MIDWEIGHT FLEECE JACKET (men's sizes)

100% poly, front zip pockets and interior pockets. Traditional silhouette. Manufacturer's approximate measurements (length is from high point of shoulder from the back).

XS: 19.75 inches wide, 27.5 inches long

SMALL: 21.25 inches wide, 28 inches long

MEDIUM: 22.75 inches wide, 28.5 inches long

LARGE: 24.25 inches wide, 29 inches long

EXTRA LARGE (XL): 25.75 inches wide, 30 inches long

2x (XXL): 27.25 inches wide, 31 inches long

3x (XXXL): 29.25 inches wide, 31.5 inches long

4x (XXXXL): 31.25 inches wide, 32 inches long

FULL-ZIP MIDWEIGHT FLEECE JACKET (women's sizes)

100% poly, front zip pockets and interior pockets. Traditional silhouette. Manufacturer's approximate measurements (length is from high point of shoulder from the back).

XS: 19.5 inches wide, 25 inches long

SMALL: 20.5 inches wide, 25.25 inches long

MEDIUM: 21.5 inches wide, 26 inches long

LARGE: 23 inches wide, 27 inches long

EXTRA LARGE (XL): 24.5 inches wide, 28 inches long

2x (XXL): 26 inches wide, 29 inches long

3x (XXXL): 28 inches wide, 29.5 inches long

4x (XXXXL): 30 inches wide, 30 inches long

SOFT SHELL JACKET (men's sizes)

100% polyester woven shell bonded to a water-resistant film insert and a 100% polyester microfleece lining, front zippered pockets, open cuffs and hem. Clean silhouette, a bit longer than the fleece jacket. Manufacturer's approximate measurements (length is from high point of shoulder from the back).

XS: 20 inches wide, 33.75 inches long

SMALL: 21.5 inches wide, 34.5 inches long

MEDIUM: 23 inches wide, 35.25 inches long

LARGE: 24.5 inches wide, 36 inches long

EXTRA LARGE (XL): 26 inches wide, 36.75 inches long

2x (XXL): 27.5 inches wide, 37.5 inches long

3x (XXXL): 29.5 inches wide, 38.25 inches long

4x (XXXXL): 31.5 inches wide, 39 inches long

SOFT SHELL JACKET (women's sizes)

100% polyester woven shell bonded to a water-resistant film insert and a 100% polyester microfleece lining, front zippered pockets, open cuffs and hem. Clean silhouette. Manufacturer's approximate measurements (length is from high point of shoulder from the back).

XS: 18.5 inches wide, 25 inches long

SMALL: 19.5 inches wide, 25.5 inches long

MEDIUM: 20.5 inches wide, 26 inches long

LARGE: 22 inches wide, 27 inches long

EXTRA LARGE (XL): 23.5 inches wide, 28 inches long

2x (XXL): 25 inches wide, 29 inches long

3x (XXXL): 27 inches wide, 29.5 inches long

4x (XXXXL): 29 inches wide, 30 inches long